Freshman
___ Familiarize yourself with the basic degree requirements
___ Explore resources on campus
___ Join a campus organization/club
___ Take a variety of classes to explore different majors
___ Meet with your divisional advisor
___ Get to know at least 1 professor
___ Research internship possibilities
*If pre-med, meet with Health Professions Advisor*

Sophomore
___ Join organizations/volunteer
___ Start a resume
___ Meet with your divisional advisor and/or major advisor
___ Declare your major
___ Get to know a professor in your major
___ Visit Center for Career Development and meet with Suzanne Boue in Athletics
___ Pursue an internship over the summer
*If pre-med, begin preparing for MCAT, continue to meet with Health Professions Advisor*

Junior
___ Consider graduate school options/Prepare for GRE or other professional school exam
___ Volunteer/Explore career opportunities
___ Hold at officer position in a campus organization/club
___ Request Degree Audit (on ESTHER)
___ Meet with Major advisor
___ Pursue an internship over the summer
___ Update resume/Create cover letter
___ Review your resume with several people
___ Ask favorite professor or others for letter of recommendation
*If pre-med, meet with Health Professions Advisor*

Senior (1st semester)
___ Apply for graduation
___ Request Degree Audit (on ESTHER)
___ Apply for graduate school/jobs
___ Update resume/cover letter
___ Meet with major advisor to finalize degree requirements
___ Look into post-graduate scholarships
*If International student, meet with International office if considering work in the U.S.*

Senior (2nd semester)
___ Apply for jobs/graduate school
___ If offered, take college course on financial planning
___ Finish strong… don’t fear the real world!
___ Visit professors/advisors. Give new contact information
___ Become member of “R” Association
___ Graduate!